

DMPA-SC

In May 2018, the Ministry of Health (MoH) Senior Management Team approved the introduction of DMPA-SC, including for self-injection into the family planning (FP) methods, the RHD intends a phased introduction of DMPA-SC including self-injection in the first year (Phase I) a comprehensive community and facility-based approach that was used in the public sector in seven districts of Mangochi, Machinga, Salima, Thyolo, Nkhotakota, Nkhata Bay and Mzimba and through 200 private sector clinics and pharmacies in 4 districts in urban areas. The approach integrated DMPA-SC and SI with the Family Planning program. YONECO was responsible for Mangochi district operating in 25 health facilities of Katema, Koche, Mangochi DHO, Mpondasi, Lungwena, St Martins hospital, Chiunda, Malombe, Malukula, Mase, Chikole, Lugola, Makanjira, Kadango, Namalaka, Mtimabi, Phirilongwe, Assalam Clinic, Kukalanga, Chilonga, Malembo, Namkumba, Monkey-Bay, Nkope, Nankhwali covering 6 Traditional Authorities of Mponda, Chowe, Namavi, Makanjira, Namkumba and Chimwala.

Brief properties of DMPA-SC

- It's a 3-month contraceptive injectable, 104 mg/0.65 mL of DMPA, Subcutaneous injected, Single dose, single package, Prefilled, Non-reusable, Compact size and Easy to use, DMPA-SC can be administered by self or by a trained health personal.

Project Beneficiaries:

Primary targets: Adolescents and women in the child bearing age from 15-45years

Secondary targets: Health Care workers, HSAs, Men and Boys, Local Leaders and Community Structures.

Objectives

- To work with the Government of Malawi to develop the service delivery and distribution model for DMPA-SC in the public and private sectors in Malawi.
- To support the roll-out DMPA-SC in health centers and through health surveillance assistants (HSAs)

Outcomes

- Increase by in and utilization of DMPA-SC by women and adolescent girls and young women at community level.
- Enhance collaboration and coordination in the roll out of DMPA-SC with the ministry of Health at district and National level.
- Support with waste management of the DMPA-SC at community level
- Increase male involvement on family Planning issues

Results and Achievements

- Conducted district and community entry meeting these included DHMT meeting was attended by 13 people (7M and 6F), DEC meeting was attended by 47 people (32M and 15 females and Community meetings (ADCs) 16 sessions conducted were we had planned to reach 320 people but only managed to reached 301. (214M and 87F)
- Trained 8 ToTs on DMPA-SC
- 27 Health personal trained (Nurses and Medical Assistants) on DMPA-SC
- 113 HSAs were trained on DMPA-SC
- 8,604 people were reached with information on family planning including the new method of Depo {self-injecting} out of which 5,186 were women and 3,418 were men6 practical awareness campaigns on DMPA-SC/SI conducted including community research through which about 1440 people (527M, 913 Females)
- 14 Road shows awareness campaigns conducted
- 65 young people from youth clubs trained in Tfd (39M, 26)
- Conducted competency spot check and supervisory visits to HSAs in Health facilities
- 8,558 clients accessed DMPA-SC
- 6 Officers which included government Officials attended the 2019 International Conference on Family Planning in Rwanda



Some of YONECO and Government Officials that attended the 2019 ICFM in Rwanda



Facility based health talks on DMPA-SC



Performance during some of the Road shows campaigns