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# YOIECO VOICE

**Monthly Newsletter** Issue 4 Volume 11 **April 2024** Inside Helpline Services Department Raises Awareness on Human Rights BEFIT Programme
Satisfies Teachers
and Students in
Chitipa and Rumphi ONECO Engages Men to Address Gender Disparities in Parenting

PACE 15

PAGETS

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**Executive Director** 

# **Our Programmes**

- Youth Development.
- Child Protection and Development.
- Women Empowerment and Gender Equality.
- Governance and Human Rights.
- Media, Collaboration,

  Networking and

  Coordinating.
- Climate Change and Disaster Management.
- Institutional Management.
- Research and
   Documentation

## **About Us**

# Our Vision

A self-reliant, healthy, empowered, resilient, responsible, and inclusive society that respects democratic values and principles.





# Our Mission

We are committed to empowering the youth, women and children, promoting good health, human rights and democratic culture, adapting and mitigating the impact of climate change and conducting research for evidence-based programming and advocacy

# Our values

Integrity
Teamwork
Confidentiality
Respect for human dignity
Fransparency and Accountability



# **Executive Director's Note...**

Dear Esteemed Readers,

# with MacBain Mkandawire



As we dive into the fourth month of 2024, it is crucial to reflect upon an aspect of community development that was neglected some three decades ago – the "Youth Week." This initiative involved schools and communities uniting for extensive development endeavors without expecting monetary compensation. In Traditional Authority Katuli, Mangochi, Malawi, a sturdy structure stands proudly, bearing the inscription "Youth Week Project 1978," a testament to the enduring community effort. It is imperative to document and highlight such projects.

Youth Week was a beneficial endeavor that facilitated the transfer of skills from older to younger generations, providing essential labor for infrastructure development, such as school block construction, road clearing, and sanitation management in schools, health centers, and other communal areas. Additionally, it fostered patriotism and a sense of ownership towards the nation.

Regrettably, in some areas, Youth Week has been replaced by food-for-work programs, potentially leading to challenges in fostering a sense of ownership, where communities expect compensation for all efforts. This shift has created obstacles in cultivating patriotism where such initiatives are absent. It is crucial to rethink the National Youth Week and rebrand it as a Community Development Week, as being community development conscious and contributing to national development, where small acts at the community level can lead to significant developmental actions.

We have roads and paths that require rehabilitation, yet they are left unattended. These roads lead to schools, health facilities, and other communal amenities. Imagine a treacherous road leading to a health facility, and a maternity case must be referred to a district or rural hospital. An already complicated maternal health situation becomes exacerbated by a bumpy and difficult road, which instead of a 20-minute journey to the main road, takes over 1 hour and 30 minutes on a rough and bumpy path. Are we truly serious about preventing maternal deaths? Do we relate these maternal health issues to road infrastructure? Is this small path road part of the national road network? In Machinga, around Traditional Authority Nyambi, when villagers were working on the Integrated Functional Literacy project

around 2006, they constructed a bridge that connected a health facility to the main road. There was no money for this work, but communities identified this as a need in their area. We are aware of the constituency development fund, but we do not believe this fund is sufficient to clear paths to some village-level engagements.

Reintroducing and rebranding Youth Week as a "Community Development Week" is a stride towards mobilising and educating communities on the importance of participating in development projects. Engaging businesses to support community initiatives, involving youth, and fostering a sense of ownership and engagement in national development are key objectives.

By depoliticising development efforts and promoting civic engagement, we can enhance community participation. Village Development Committees, Area Development Committees, and ward councillors play pivotal roles in driving these development initiatives forward.

Let us embrace the opportunity in April 2024 to revitalise community development efforts and instil a sense of pride and responsibility in our communities.

Have a fruitful month.



# UPLIFTING UNITY: FIGHTING FOR ALBINISM RIGHTS

By Gracium Mkonda Chithonje

In the vast expanse where joy takes flight,

Resounds the cry, "Ufulu! Ufulu wanga!"
The European Union extends its hand,
Binding Beyond Skincare, Standing
Voice,

And YONECO in solidarity's unity, Championing the rights of people with albinism.

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For those whose voices often go

With fervent zeal, they raise their call, Urging the marginalized to seize their might,

unheard.

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Their echoes echoing through the ages.





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Training the Youth to Incorporate Theatre into HIV **Awareness and Engagement** 



Insert: Petros Matope (middle) Theatre for Development trainer from YONECO together with young people from Tsabango and Chitukula areas during the training session in Lilongwe

YONECO has trained 45 young people people from Tsabango and Chitukula from Lilongwe city to utilize theatre as a tool for engaging young people and communities in a bid to address the HIV infections rates of new among young people and promote access to Sexual Reproductive Health (SRHR) services.

The training which was concurrently held at Kalulu Primary School and Kawale Health Centre targeted young

areas.

The participants were selected from various youth clubs around Tsabango and Chitukula, areas.

This initiative signifies a proactive effort peer-led actions upscale empower individuals to make a positive impact on HIV prevention within their communities.

### Importance of Regional Collaboration in the Implementation of Youth Interventions By Mbanandi Mahala

Stakeholders have underscored the crucial role of regional collaboration in ensuring the success and impact of interventions that target young people.

The remarks were been made during the NAC learning visit, which took place at Cresta Thapama Hotel in Botswana under the 'Enhancing Access

to Integrated HIV/AIDS Services among Young People through M-Health Southern Africa project.

The project was being implemented by YONECO in Malawi, BOFWA in Botswana, and Youth Advocates of Zimbabwe as the principle recipient funded by the SADC HIV Round 2 Special Fund.

# YONECO Engages Youth Leaders in Meaningful Youth Participation

By Davis Kambewa



Insert: Tithandizane Helpline Services Field Officer Chipiliro Zimba posing for a group photo with the youth leaders after the meeting.

On 14 March 2024, YONECO conducted a capacity-strengthening session with members of Likangala Youth Network in Zomba to equip them with skills for mobilizing young people to actively participate in socioeconomic activities in their areas.

Malawi boasts a youthful population which requires the necessary support to tap its potential in accelerating the sustainable socio-economic growth of the country.

The members of Likangala Youth Network members listed several challenges that prevent young people from the area from participating in various decision-making processes that concern their area. Among other things, the young people bemoaned the ack of financial support to pursue their studies beyond secondary school. In addition to this, the youth leaders also indicated that there are

a few opportunities for the youth to venture into businesses as they neither have capital nor collateral to access loans.

The leaders vowed to continuously mobilise their fellows to take up active roles that contribute to the growth and development of their societies. The youth network members underlined environmental protection as well as disaster management and response as some of the most critical areas to which young people should also pay attention.

Likangala Youth Network is comprised of Youth club leaders from Chilupsa, Chizalo, Chikanda and Kazembe villages that are within the area of Group Village Head (GVH) Chikanda, Traditional Authority (T/A) Chikowi in Zomba.

# **Tithandizane**

# **National Helpline Services**





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# Helpline Services Department Raises Awareness on Human Rights

By Ebeleth Mathias



Insert: Tithandizane Helpline Services Field Officer Ebeleth Mathias egaging the community members during the awareness session

In a bid to enhance the rights of women, children and other vulnerable groups, YONECO, through the Tithandizane National Helpline Services department conducted a human rights session at Maluwa village, Group Village Head (GVH) Maluwa, T/A Chikowi, in Zomba district.

The session was organized to equip the community members with a deeper understanding of human rights.

Particularly, issues of Gender-Based Violence (GBV) and child abuse were discussed at length with community members coming up with key action points on how to address the root causes.

In the end, the community members described the session as an eye-opener. In total, the session was attended by 31 people, of which 19 were females and 12 were males.



Tikuchitapo chani poonetsetsa kuti anthu akhungu la chialubino akupeza thandizo pamene ufulu wawo waphwanyidwa

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- Kuteteza ufulu wanu.
- Kufalitsa mauthenga wosonyeza kuthekera kumene anthu akhungu la chialubino alinako.
- Kuthetsa nkhanza ndi kusalidwa kwa anthu a khungu la chialubino.
- Kuthandiza anthu amene achitilidwa nkhanza ndi mabanja awo, monga, kuwamangira nyumba zotetezeka.
- Kupereka thandizo lakuchipatala ndi maphunziro.
- Kutukula anthu a khungu la chialubino.













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# Tikuchitapo chani poonetsetsa kuti anthu akhungu la chialubino akupeza thandizo pamene ufulu wawo waphwanyidwa

Tikugwira ntchito limodzi kuonetsetsa kuti anthu achialubino akuonetsa kuthekera kwawo.

Pali dongosolo lalikulu laboma lothandizira kupereka thandizo kwa anthu a khungu la chialubino kuno ku Malawi.

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# Rumphi Commemorates International Women's Day in Rumphi



On 23rd March 2024, various Non-Governmental Organizations (NGOs) and district stakeholders organized a district commemoration event for International Women's Day that was held at Bolero community ground in Rumphi.

The event was organized to raise awareness about gender equality and women's rights.

The event was commemorated under the theme "Invest in women: Accelerate progress". Insert: YONECO staff explaining the various services that the organisation provides to patrons during the function at Bolero Community Ground.

YONECO showcases various interventions which the organization use to promote the rights and welfare of women in Malawi.

International Women's Day is a global commemoration which is held on 8 March every year. The commemoration further serves as a reminder of the ongoing struggles that women face in achieving equality and empowerment.

# Empowering Young Women Through Safe Spaces



women during the meeting in the district.

By Grant Dulla

YONECO, through the Peace Building project with support from UNFPA, trained Safe Space facilitators in all the targeted Traditional Authorities (TAs) and established Safe Spaces.

These Safe Spaces serve as supportive environments where young people can freely express themselves, discuss Sexual Reproductive Health and Rights (SRHR) and Gender-Based Violence (GBV), and enhance their knowledge and skills. The Safe Spaces also focus on improving the referral system and protecting young people from abuse.

During a meeting on 12 March with 20 young women in TA Katuli at Luwalika village, discussions revolved around health, emphasizing personal hygiene for good health and the importance of family planning. The young highlighted women's women rights, stressing the right in business engage and importance of gender equality in work participation. They noted positive outcomes the since establishment of Safe Spaces, such as reduced school dropouts, decreased GBV cases, increased awareness of rights, improved access to SRHR services, and skill development in making reusable sanitary pads and hairdressing.

Moreover, the young women were encouraged to become economically empowered reduce conflicts and prevent exploitation by men Mozambique seeking marriage or They labor. also identified challenges, such as the need for more family planning methods like Norplant and condoms, which YONECO promised to address by following up with the District Health Office for necessary services.





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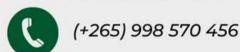
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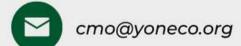
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# Rumphi District CSOs Engage on Child **Protection Efforts**

By Larah Mbewe



Insert: Field Officer for YONECO in Rumphi district Larah Mbewe presenting to stakeholders during the meeting.

Rumphi District Hospital coordinated a a awaiting court network of stakeholders in child protection remaining cases are under active followamid rising cases of child abuse in the district. up.

proceedings. The

meeting, cases of child defilement handled since YONECO officer regarding stakeholder January 2024. The district office managed a involvement. Some stakeholders were total of 7 cases, involving 5 instances of child unavailable when marriage, I case of incest, and I case of child follow-ups, and there were issues with abduction. Among the child marriage cases, 2 communication gaps when decisions girls were successfully marriage, while the incest case is currently

YONECO highlighted However, challenges were noted by the needed for removed from were being made concerning the cases.

# BEFIT Programme Satisfies Teachers and Students in Chitipa and Rumphi

By Edward Nyirenda and Mackson Mhango

Primary School in Chitipa which is among the districts in Malawi where government the various partners including implementing YONECO are called Building programme Educational Foundations through Innovation Technology and (BEFIT).

Open Day served as platform for Nanchiwe Primary School to showcase the impact towards progress implementation of the **BEFIT** Programme. The session was attended by community leaders, parents and other kev stakeholders.

During the session, both students and teachers acknowledged the positive impact of the GEFIT Programme towards promoting education. The teachers learners demonstrated how the BEFIT Programme has enhanced learners' aptitude for reading and mathematics on top stimulating the interest of learners bwino mokuti mayeso a all primary school learners in in education.

indicated that the introduction of confident that I will ace this organizations with technical, tablet lessons has improved the term's performance of students in class explained and their cognitive skills which Martha Mlungu, a standard 2 Worldwide, they described as very critical for learners at Nachiwe Primary Billion. academic excellence.



Insert: School Open Day at Chankhalamu Primary school in Rumphi (Inside) A learner from Nachiwe Primary School in Chitipa, Martha Mlungu.

One of the students, seven- Similary, an open day was is in standard 2 of her studies district expressed her with the BEFIT programme. 105 Martha firmly acknowledges participated. role which the easy.

of "Matablet session teremu ino ndikhonza bho Standards kwambiri!" (the tablet study programme the teachers sessions were great and I am implemented seven-year-old support School in Chitipa.

year-old Martha Mlungu who also conducted in Rumphi at Chankhalamu satisfaction primary school where a total of (50M, 55F) learners

and programme has played in BEFIT is a national programme making her academic journey which is being led by the Malawi Government aimed at the foundational improving anali literacy and numeracy skills of 1 to The being is various by examinations), operational and coordination from **Imagine** VSO, One and

# Promoting Positive Parenting to Combat School Dropout and Academic Underperformance



YONECO in collaboration with Ntcheu District Gender Office (DGO) organized a parenting workshop targeting parents whose children are students at Nthumbi Secondary Community Day School (CDSS) in the area of Traditional Authority (T/A)Champiti in Ntcheu district.

The Parents-Teacher Association (PTA) and the school authorities of Nthumbi CDSS necessitated the session in a bid to combat the rising school dropout rate and improve academic performance among students. Against this backdrop, 12 girls from the school who are all below the age of 15 dropped out of school within one term due to unintended pregnancies. In addition to this, the school authorities also noted an increase in instances of juvenile also been delinquency which have associated with the underperformance of many students.

Insert: Some of the parents who attended the parenting workshop at Nthumbi Community Day Secondary School in Ntcheu district.

During the session, YONECO and the District Gender Officer (DGO) engaged parents on various aspects of Adolescent and Youth Sexual Reproductive Health and Rights (AYSRHR).

Parents recognized the importance of young people's access to comprehensive sexuality education, sexual and reproductive health (SRHR) services, as well as the decision-making power to protect their health.

In total, the session was attended by 269 parents and guardians of which 108 were men and 161 were women.

# YONECO Reaches Children Connected to the Street with Life Skills Education



Insert: The streets of Ntcheu Boma where most children connected to the streets wander around with some calling it home.

Children who are connected to the streets face a lot of challenges in their lives and this is a group that requires all the necessary support to ensure their successful transition into adulthood. It is against this background that YONECO organized a life skills education session targeting children who are connected to the streets around Ntcheu Boma.

The children were equipped with knowledge and skills to make informed decisions about their lives including resisting negative peer pressure. The sessions also focused on helping the children understand the importance of discovering one's skills and abilities and how to optimize them to reach their full

Children who are connected to the streets The children also had an opportunity to seek face a lot of challenges in their lives and answers to various questions ranging from this is a group that requires all the education, health, human rights and various necessary support to ensure their legal issues.

IECO 'The sessions have helped me to realize that I sion should not give up as I still have a lot of ed to productive tears ahead of me. I am hopeful that one day, things will change for the better," said a 14-year-old boy from with Zakutchire Village.



# **YONECO Conducts SRHR Group Counselling** Session with FSW in Mwanza

By Mary Chimenya

On 23rd March 2024 Mwanza YONECO The groups were also equipped with conducted a Sexual Reproductive Health the necessary life skills to make and Rights (SRHR) group counselling informed decisions about their SRHR. session which targeted Female Workers (FSW) from Thambani area in The activity was conducted as part of Mwanza district.

Reproductive Health (SRH) services which Services through Effective Delivery include Transmitted Infections (STI) screening and project in Chikwawa, Chiladzulu and treatment, prenatal care, and access to Mwanza with financial and technical various HIV services.

a project titled Addressing Unmet Needs in HIV Testing Services for Men The session focused on access to Sexual and Key Populations for HIV/AIDS contraceptives, Sexually Models. YONECO is implementing the support from the Centre for Disease Control (CDC).



# Nutrition Session Empowers Women in Likangala in Zomba



Insert: Women representatives from CBOs who attended the session together with Tithandizane Helpline Services Field Officers after the meeting

By Davis Kambewa

On 14 March 2024, the Tithandizane National Helpline department organized a nutrition session for women representing Community Based Organizations in Likangala Ward. The primary objective was to educate them on the significance of nutrition in daily life.

participants During the session, health discovered that good is fundamental for community development. They learned practical ways to enhance their diets, such as cultivating local fruits vegetables, avoiding processed and foods, and ensuring an adequate intake of water.

Importantly, they were reassured that healthy eating can be affordable by sourcing nutritious foods locally.

The session underscored the role of good health in boosting the immune system and reducing the likelihood of chronic illnesses. Women were urged to disseminate this knowledge within their communities and to prioritize preparing healthier meals for their families.

Eleven women from six Community Based Organizations (Mubarak, Chikanda, Ngwirizano, Go for Life, Chitsime, and Taoloka) in Likangala Ward participated in the session. YONECO also promoted its toll-free helpline numbers (116, 5600, 6600, and 393) for additional support.

# YONECO Engages Men to Address Gender **Disparities in Parenting**



Insert: Men who were engaged in Lilongwe posing for a group photo after the session.

in Some men Lilongwe have acknowledged limited opportunities for developing parenting skills as young people transition into adulthood, which is an important element in building a healthy society. This sentiment was expressed on March 6, 2024, at YONECO's office in Lilongwe, where the organization hosted Lilongwe Traders Community Based Organization (CBO).

The engagement session focused on the creation of safe spaces for men to As the session progressed, it to a spouse. address gender disparities in parenting. The discussions were guided by Men usually Care Toolkit. The toolkit was endorsed by the Men Engage Alliance, of which limited expectations in the role of the Lilongwe Traders CBO. affiliate. YONECO also an conversation mainly centred on the their children or supporting opportunity for parenting skills Three Ps of Parenting: Presence, Partner their spouse by taking up some development Support, and Preventing violence.

During the engagement, it was noted that poor parenting is the root of various challenges people face at every stage of their further lives. Ιt was observed that couples shape their parenting style through a combination of the way they were brought up and some elements of self-discovery.

was also noted that 'men' are mere In viewed as breadwinners with no The of fostering relationships with The development ushers in an of the chores within the home.

Furthermore, it was noted that being 'feared' as a father by children and spouse is often mistaken as an indication that the presence of the 'man' is evidenced. However, meeting agreed that this situation simply erodes opportunity for men to foster healthy relationships with their children and spouses.

Interestingly, the participants acknowledged the importance of men's presence in their families provide they physical, emotional and social support to their children and spouses. Being the 'peacemaker' in the family was also identified as a significant role for men within the family.

Based on the feedback, the participants acknowledged their newly found perspectives on being a parenting partner

total, the session or attended by 28 male members for men communities.



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# YONECO Takes Climate Change Awareness to People's Doorsteps



On 12 March 2024, YONECO held door-to-door awareness sessions in the area of Village Head Beni, Traditional Authority (T/A) Kwataine in Ntcheu district in a bid to combat climate change and its impacts.

contributing factors to climate change intensity due to the current level of

global warming.

Insert: Human activities such as wanton

cutting down of tress is one of the biggest

The sessions focused on sensitizing people about climate change and how individuals and households can build resilience and ably contribute towards mitigating its impact. During the interaction, community members were able to share vivid examples of how climate change has affected their lives.

Community members were encouraged to participate in tree planting activities as a way of mitigating climate change impacts. They were more particularly encouraged to plant water-conserving trees along river banks and they were introduced to various climate-smart agricultural practices.

Among other things, community members acknowledged that drought conditions and floods have increased in frequency and

The sessions reached out to 108 community members from a total of 27 households.











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