



YONECO VOICE



Monthly Newsletter

May 2026

Issue 5

Volume 13



Inside

YONECO Participates in Regional ACT Programme Convening in Nairobi

PAGE 7

YONECO Executive Director Engages Lifeline International Officials in Melbourne

PAGE 10

YONECO Joins Forces with SVRI to Strengthen GBV Prevention and Response

PAGE 13

Contents

Executive Director’s Note.....1

Chief’s Wife Defies Tradition to Fight Against Child Marriage.....3

YONECO Enhances Children’s Understanding of Human Rights in Blantyre.....4

Malawian Teen Caroline Allan Inspires Africa at ACERWC Session in Maseru.....5

YONECO Promotes Safe Holidays for Learners.....6

YONECO Participates in Regional ACT Programme Convening in Nairobi.....7

YONECO Joins Stakeholders in Promoting Cleanliness8

YONECO FM Signs Strategic Partnership with Afree TV.....9

Engages Lifeline International Officials in Melbourne.....10

YONECO Strengthens GBV Awareness Among Women in Chitipa.....11

Coaches Use Sports to Promote Peace and End GBV in Machinga.....12

Working towards Strengthening GBV Prevention and Response in Universities.....13

YONECO Sensitizes Mulanje ADC Members on Social Protection.....15

YONECO Engages Girls with Empowerment Session in Nsanje.....16

Production Team

Layout and Design

Wilson Mkandawire
Aposa Muluda

Contributors

Edwin Chulu
Smart Sochera
Edward Baxter Nyirenda
Vanessa Cheyo
Cassim Mkali
Alinafe Fanuel
Dennis Luhanga
Mackson Mhango
Charity Ligomeka
Chancy Kumwenda
Sewenthe Chipofya

Tithandizane National Helpline Services

Youth Helpline
CALL **393**
For FREE
Smart choices for young people

Drug & Substance Abuse Hotline
CALL **6600**
For FREE
to seek support on drug & substance abuse

Child Helpline
Let the Child Speak
CALL **116**
For FREE
to report any form of Child Abuse

GBV Crisis Line
Speak out and Stop Violence
CALL **5600**
For FREE
to report any form of Gender Based Violence

Other Services
Free & Confidential

Telephone Counselling
Face to Face counselling
Social Rehabilitation
Case Management
Safe Places for survivors of GBV and VAWC.

Emails:
drug@yoneco.org
help@tithandizanehelpline.org
gbv@yoneco.org
www.tithandizanehelpline.org

Visit our website www.yoneco.org

Research, Monitoring & Evaluation Manager

Daniel Chikatentha

Executive Director

MacBain Mkandawire

Our Programmes

- Youth Development.
- Child Protection and Development.
- Women Empowerment and Gender Equality.
- Governance and Human Rights.
- Media, Collaboration, Networking and Coordinating.
- Climate Change and Disaster Management.
- Institutional Management.
- Research and Documentation

For more information contact

The Executive Director
Youth Net and Counselling (YONECO)
C/o Youth Leadership Development Centre
Along M3 Zomba–Lilongwe RD
Next to Calvary Family Church
P.O Box 471, Zomba,
Malawi.

Visit our website to learn more about our work



About Us

Our Vision

A self-reliant, healthy, empowered, resilient, responsible, and inclusive society that respects democratic values and principles.



Our Mission

We are committed to empowering the youth, women and children, promoting good health, human rights and democratic culture, adapting and mitigating the impact of climate change and conducting research for evidence-based programming and advocacy



Our values

Integrity
Teamwork
Confidentiality
Respect for human dignity
Transparency and Accountability



Executive Director's Note...



with MacBain Mkandawire

Dear Readers,

We are in May 2026 and it's time to start reflecting seriously on our Malawi 2063 Agenda that aims to transform Malawi into an inclusively wealthy, self-reliant, and industrialized upper-middle-income economy by 2063. We probably need to start asking ourselves what it will take and what sort of sacrifices we are prepared to make for the Malawi we want in 2063. What behaviors and actions do we need to display and live to achieve the Malawi we want in 2063? What behaviors and actions do we need to drop and which ones do we need to adopt to increase chances of attaining the Malawi Vision 2063.

Recently, there was an announcement by one international partner on the issues of allowances to community volunteers and there was a massive rebuke to this organisation that its policies were meant to impoverish the community volunteers. Words and descriptions were used to make this organisation look terrible. We do not want our community volunteers and community workers used and abused by any organisation. However, we also want to make these processes sustainable and contribute to meaningful change in the lives of our volunteers and community workers. Are we sure that paying allowances and transport refunds will reduce poverty? One critical question that we saw emerging is "who is supposed to benefit from these initiatives? Is it the implementing organisation or the community? We note throughout this conversation that as Malawians, we seem to not own these projects. There is so much on Daily Subsistence Allowances (DSA) and lunch allowances that obscures the need for the activity, session or workshop. We have ended up boycotting training because we were given full board. We are not sure whether many of us understand the meaning of DSA or lunch allowance. In fact the issues of DSAs and other allowances have plunged this country into more poverty. As development workers, let us reflect on the costs that we encountered. We should also reflect on a publication in 2012 by NORAD entitled "Hunting for Per Diems: Uses and Abuses of Travel Compensation in Three Developing Countries - 2012" which unfortunately spells out what our development partners think about us.

Emphasizing the point that these allowances will not lead to achieving the Malawi Vision 2063 is the test that the Trump Administration has put on the many developing countries in his infamous Executive Orders. In less than 24 hours, government health budgets that were hefty with huge salaries, field allowances and stipends for our community budgets crumbled and the big organisations were humbled and brought to their knees. Our community workers that relied on the stipends closed the shops and services crashed. It should be noted that our development partners study our behaviors, practices and actions to manage us. They are very sure we will not think beyond allowances and stipends and will ensure that they bribe us with those. Even when they know this will not change anything they insist that we implement it and we agree because we are thinking about DSAs and allowances.

Let us imagine that the funds being paid to volunteers or community workers was transformed into something different - An investment Fund for the Community Volunteers/workers. Some projects have been paying a stipend of MK120,000 per month. It does mean that on average the project pays MK1.4m but given bits and pieces with additional allowances as lunch and transport. Imagine the MK1.4m being paid for 5 years in year 1 meaning each volunteer at community level will have a budget of MK7m and the project was working with the volunteers to commit so much time while investing in a productive business. This would mean an investment which will (a) develop a tangible livelihood opportunity that would sustain the volunteer/Community Worker beyond the life of the project and (b) the volunteer through the

Executive Director's Note...



with MacBain Mkandawire

business engagement would create employment for others and may be contributing to the 1 million jobs.

This in our opinion would be more sustainable than the lunches, transport and DSAs we give to our volunteers. This would also allow the volunteers to own the programme and you could continue recruiting volunteers without allowance. Unfortunately, because we are not united to the cause, we think we will sustain our work with allowances.

Local CSO leadership has called names to this INGO and asked the organisation to do the work themselves. We have a different view. Most of the leadership are either Christians or Muslims and they volunteer too much time in Church, Mosque or weddings without asking for allowances and transport refunds. In fact we have contributed resources. What makes Malawians seriously work and contribute to these social events at community levels? A wedding for example is a project that eventually benefits 2 individuals. We contribute our money, time and materials for this project that the critical beneficiaries are the bride and groom. We do lots of fundraising for the project and it becomes successful. This is called "local philanthropy". Why are we not using this local philanthropy to mobilise the resources for the "Construction of the Girls Hostel or Home for Street Connected Boys and wait for some white person to adopt the home or the school"? These are hard questions we need to answer as we move forward with Vision 2063.

What do we need in all this frenzy 2063 Agenda? Enabler 1 is critical and that is where change will take place. "The Mindset Change". Unfortunately this is given little thought, no investment and no one wants to talk about it. We need a mindset change on allowances at all levels. Why are we giving people allowances? Is another poverty alleviation programme? We need to begin to think differently. A long time ago, we tried to hold accountable the HIV and AIDS Funds and were told point blank that AIDS money was not for livelihood opportunities when evidence is clear about vulnerability of women and young people to HIV infections because of lack of livelihood opportunities. We faced the chop from CCM and we knew the reason while it should be the aspect of alternate members and of course the alternate member was a walk over. This happens in many development engagements which makes sure that funding models are never questioned. 15 years down the line we continue to face the realities of HIV infections with current development show a huge challenge for the young adolescents. We need to change our mindset.

Have a lovely May 2026.



YONECO FM
The Real Voice of The Youth Women and Children



Sustaining Institutional Growth and Independence
for Social and Economic Development of Youth,
Women and Children.



YONECO CULTURAL TROUPE

Experts in: **Community Mobilization**
Advocacy
SBCC

For bookings

Contact:

The Executive Director or The Station Manager
YONECO FM
P.O Box 471
Zomba, Malawi.

Tel: +265 111 526 199 | +265 111 625 560

Mobile: +265 888 919 623

Email: stationmanager@yoneco.org.mw



www.yoneco.org

Chief's Wife Defies Tradition to Fight Against Child Marriage

In a society where parents perceive child marriage as a relief to their economic burdens while traditional leaders see it as a means of enhancing their influence, challenging the practice is a sensitive and risky venture. Nonetheless, in the area of Traditional Authority (T/A) Mkhumba in Phalombe district, 28-year-old Mercy Musowa stands out against the vice.

Mercy defied the inevitable consequences and resolved to challenge the harmful practice in her village. However, being a wife to a chief, it meant she had to firstly convince her husband that child marriage is a vice that should not be entertained in the village. Mercy had to gather her courage as chieftainships often receive more respect and recognition when the village has more households, making child marriage key for gaining influence as a traditional leader.

Mercy grew up seeing child marriage robbing the future of bright girls, with some being married off before they even celebrated their fifteenth birthday. Over the years, Mercy has witnessed early childbearing affecting the health of her peers who were forced into child marriage.

However, Mercy's resolve to challenge child marriages lacked some necessary knowledge and skills to effectively engage to annul the prevalent child marriages and prevent further occurrences in her village. Luckily,

YONECO, under the Sustaining Community Women Movement for Peacebuilding and Response Project, trained chiefs'



Mercy Musowa pictured here.

wives to drive sustainable social change in their designated communities, and Mercy was one of the participants.

"The training opened my eyes and gave me the courage I lacked. The training equipped me to ably speak up even in spaces where silence was expected," explained Mercy Musowa. In the first quarter of 2026, Mercy has managed to facilitate the termination of two child marriages. She even went further to ensure that the girls who were withdrawn from the marriages have returned to school. In addition to this, Mercy has been organizing various sensitization meetings on the dangers of child marriages targeting adolescent girls, parents and various community gatekeepers.

Phalombe and Machinga districts with funding from Women Peace in Humanitarian Fund (WPHF) in partnership with UN Women.

Mercy has been effectively exploiting her position as a chief's wife which she never knew would give her a platform and a listening ear from the communities. "I no longer fear challenging child marriage. I am empowered and driven to protect adolescents in my community," she added.

YONECO is implementing the Sustaining Community Women Movement for Peacebuilding and Response Project in Phalombe and Machinga districts with funding from Women Peace in Humanitarian Fund (WPHF) in partnership with UN Women.

YONECO Enhances Children’s Understanding of Human Rights in Blantyre



Children at the Drop-in Centre in Blantyre during the participatory human rights awareness session.

YONECO on 18 April 2026 conducted a participatory human rights awareness session for boys and girls from communities surrounding its Youth Drop-In Centre (DIC) in Machinjiri, Blantyre.

The session aimed to strengthen children’s understanding of their rights and responsibilities through interactive discussions and active participation.

During the engagement, the children identified key rights including the right to education, protection from abuse, and access to health services.

They also learned about the importance of respecting the rights of others and understanding the responsibilities that come with those rights.

The Machinjiri Youth DIC continues to attract increasing numbers of young people, particularly during school holidays thereby providing a platform for promoting child rights awareness and positive youth development.



Malawian Teen Caroline Allan Inspires Africa at ACERWC Session in Maseru

The African Committee of Experts on the Rights and Welfare of the Child (ACERWC) has applauded 16-year-old Caroline Allan from Mkanda in Mchinji district for overcoming child marriage and becoming an advocate for the rights of girls in her community.

Caroline, who was withdrawn from child marriage at the age of 14, took centre stage at the ongoing 47th Ordinary Session of the ACERWC in the Republic of Lesotho, where she presented on 21 April 2026, during a session on harmful cultural practices under the theme “Girls as Change Agents.”

Caroline account story earned praise from the committee members and delegates from across Africa, who commended her efforts that are being extended to support other girls evade child marriages through her engagements with traditional leaders, community rights groups, youth clubs and other community platforms.

In her speech, Caroline highlighted that girls are capable of transforming not only their own lives, but their entire communities if they are heard and given proper support. She further challenged communities as well as state and non-state actors to confront cultural and structural barriers that derail the progress of girls across Africa.



16 Year old Caroline attending the 47th Ordinary session of the ACERWC in Lesotho.

Among others, she highlighted the prevalent patriarchal norms, poverty and unsafe school environments, as some key factors that continue limiting girls. In her speech, Caroline called for targeted awareness campaigns of girl's rights, increased investment in education, stronger mentorship programmes as well as more leadership and awareness opportunities for the girl child.

Caroline further noted that despite having robust laws for protecting children, many people only learn about them after an abuse has already happened.

“Laws alone are not enough if people do not know about them,” she said, highlighting the need to prioritize prevention of child abuse before an irreversible harm has been done.

Caroline was withdrawn from child marriage in 2024 through the Parent-Child Communication (PCC) Programme which YONECO.

YONECO Promotes Safe Holidays for Learners



Learners attentively listening to insights from YONECO Field Officer during the awareness session

As primary schools closed for the second academic term last week on 2 April 2026, YONECO conducted awareness sessions across various districts in Malawi to encourage learners to spend their holidays responsibly.

The sessions focused on promoting positive behaviour and discouraging activities that could jeopardise learners’ wellbeing and education. One such session, held in collaboration with teachers at Muselema Primary School, reached 175 learners.

YONECO emphasized the importance of making informed choices during the break to ensure a safe return to school next term.

The headteacher at Muselema Primary School commended the initiative, saying, “We are grateful to YONECO for equipping our learners with knowledge that will help them make responsible decisions during the holidays. This engagement is key to ensuring that learners return to school safe, healthy, and ready to continue their education.”

www.yoneco.org

TITHANDIZANE HELPLINE SERVICES

Seek Support today

<p style="margin: 0;">CHILD HELPLINE</p> <p style="margin: 0; font-size: 24px;">116</p> <p style="margin: 0; font-size: 10px;">GENDER BASED VIOLENCE CRISIS LINE</p> <p style="margin: 0; font-size: 24px;">5600</p> <p style="margin: 0; background-color: white; color: #2e8b57; border-radius: 10px; padding: 2px 10px; display: inline-block;">CALL NOW</p> <p style="margin: 0; font-size: 10px;">It's FREE!</p>	<p style="margin: 0;">YOUTH HELPLINE</p> <p style="margin: 0; font-size: 24px;">393</p> <p style="margin: 0; font-size: 10px;">DRUG & SUBSTANCE ABUSE HOTLINE</p> <p style="margin: 0; font-size: 24px;">6600</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Download
Helpline App

YONECO Participates in Regional ACT Programme Convening in Nairobi



Partners from across the continent at the Africa Regional Convening on Organisational Resilience and Coalition Building workshop posing for a photo.

YONECO participated in the Africa Regional Convening on Organisational Resilience and Coalition Building, held in Nairobi, Kenya, from 14th to 17th April 2026.

The convening, organised by UN Women and the UN Trust Fund under the Advocacy, Coalition Building and Transformative Feminist Action (ACT) Programme, brought together partners from across the continent to reflect on progress, share experiences, and strengthen collaboration.

The workshop addressed two key thematic areas: the results and sustainability of the ACT Programme. This offered a platform for partners to assess what had been achieved, share lessons learned, and discuss how to sustain impact. Organisational resilience and coalition building were the focus of the remaining sessions, during which participants gained the necessary knowledge and tools to enhance their efforts in both areas.

One of the most interesting sessions for YONECO during the convening was the opportunity to learn from peers from other countries. During discussions, participants shared best practices and approaches to address common issues.

YONECO's participation in the convening demonstrates its willingness to learn, collaborate, and improve organisational efficiency in order to implement transformative programmes.

YONECO is currently implementing a research project on peer-moderated GBV safe space intervention at the University of Malawi, funded by UN Women and the European Union under the ACT Programme through the Sexual Violence Research Initiative.

YONECO Joins Stakeholders in Promoting Cleanliness at Balaka Main Market



Some of the stakeholders who joined the clean up exercise at Balaka main Market.

On 10 April 2026, YONECO partnered with various stakeholders in a clean-up exercise at Balaka Main Market aimed at promoting environmental cleanliness and improving public health.

The exercise commenced at Manica Open Square, a key waste disposal points within the market and extended through surrounding shops and business areas along the Central and East Africa Railway (CEAR) line up to the main tarmac road. The activity focused on sweeping, waste collection, and improving sanitation in high-traffic areas of the market.

The initiative attracted broad participation from government institutions, Civil Society Organizations (CSOs),

Community-Based Organizations (CBOs), faith-based groups, youth clubs, and District Business Networks, highlighting a strong spirit of collaboration in addressing sanitation challenges.

Speaking after the exercise, Balaka Main Market Chairperson, Haroon Matipa, commended the initiative and emphasized the importance of collective responsibility in maintaining cleanliness. He also appealed for continued support, noting the resource constraints faced by the market committee.

“Maintaining cleanliness is everyone’s responsibility to prevent communicable diseases,” he said.

YONECO FM Signs Strategic Partnership with Afree TV



YFM radio Station Manager, Rodrick Mwale shaking hands with Afree TV representative after signing the MoU in Johannesburg, South Africa.

YONECO FM Radio Station (YFM) has signed a Memorandum of Understanding (MoU) with Afree TV, a subsidiary of Broadsmart.

Through the partnership, YFM will secure a dedicated platform to broadcast and monetize its content on Afree TV. The agreement will also see the two organizations collaborate on resource mobilization and joint marketing initiatives.

Beyond content distribution, YFM and Afree TV will work together on campaigns aimed at promoting the rights and welfare of youth, women, and children in Malawi.

YFM Station Manager, Rodrick Mwale, welcomed the partnership, saying it will help expand the station's reach to Malawians living in South Africa and other countries.

"This partnership is a major milestone for YFM because it will help us expand our reach beyond Malawi and connect with Malawians living in other parts of the world. This is also an opportunity for us to amplify our content and strengthen our advocacy efforts on issues affecting youth, women and children," said Rodrick Mwale.

YONECO Executive Director Engages Lifeline International Officials in Melbourne



YONECO Executive Director, MacBain Mkandawire together with Lifeline International officials.

Today, our Executive Director, MacBain Mkandawire, had the privilege of engaging with officials from Lifeline International in Melbourne, Australia.

YONECO is a member of Lifeline International which is a global network that aims to ensure that every person has access to impactful crisis support services and to help reduce deaths by suicide.

Lifeline International, empowers its members to deliver high-quality, innovative crisis support services that make a real difference in people's lives.



YONECO Strengthens GBV Awareness Among Women in Chitipa



Field Officer for YONECO in the district (standing) captured here interacting with the women during the GBV awareness session.

On 18 April, YONECO conducted a Gender-Based Violence (GBV) awareness session in Chitipa, reaching 28 women with information aimed at strengthening their understanding of GBV, survivor support, and available reporting pathways.

During the session, participants were sensitised on different forms of GBV, including physical, emotional, sexual, and economic abuse.

The participants also received information on support services available to survivors, including Police Victim Support Units, Social Welfare Offices, and YONECO’s toll-free GBV Crisis Helpline.

The session facilitators further emphasized the importance of challenging victim-blaming attitudes and promoting respectful relationships within families and communities.

One of the participants welcomed the initiative, saying, “Many women suffer in silence because they do not know where to seek help. Today’s session has given us the confidence to speak out, support survivors, and report violence.”



Coaches Use Sports to Promote Peace and End GBV in Machinga



Some of the trained coaches posing together with one of the teams that participated in the match.

Coaches who were trained by YONECO to facilitate Sports for Development (S4D) activities organised a community sports event in the areas of Traditional Authority (T/A) Sitola and Mizinga in Machinga district.

The initiative which is being implemented under the Sustaining Women Movement for Peacebuilding and Humanitarian Response Project, with support from the Women's Peace and Humanitarian Fund (WPHF) through UN Women.

The event formed part of a follow-up to assess how trained coaches are applying their skills to promote conflict prevention and address Gender-Based Violence (GBV) through sport.

The activity brought together YONECO staff, local leaders, youth, and community members, fostering participation and strengthening local support for peacebuilding initiatives.

Through pre-match drills, coaches engaged participants in discussions on conflict prevention, peaceful coexistence, and the importance of women's participation in peacebuilding. These messages were further reinforced during a friendly football match between Mbanila Young Soccer and Mkotamo FC, which ended in a 1–0 victory for Mbanila.

"This event has demonstrated the effectiveness of sports as a platform for community engagement and positive social change," said one of the coaches, Thomas Mwasisi.

Working towards Strengthening GBV Prevention and Response in Universities



YONECO research team together posing for a group photo after the working session in Zomba, Malawi.

YONECO recently took part in a collaborative working session with the Sexual Violence Research Initiative (SVRI), focusing on packaging formative research findings and planning the adaptation of a groundbreaking intervention aimed at addressing Gender-Based Violence (GBV) in higher education.

The session centered on a peer-moderated GBV safe space intervention currently being piloted at the University of Malawi (UNIMA). This innovative approach creates structured, supportive environments where students can engage in facilitated discussions, share experiences, and build skills to prevent and respond to GBV and intimate partner violence. By empowering peers as

moderators, the intervention seeks to foster trust, reduce stigma, and encourage early intervention in a setting where young people are particularly vulnerable to such issues.

Beyond technical discussions on research packaging and intervention adaptation, the working session provided a valuable opportunity for deep reflection. Participants critically examined what it truly means to build safe, accessible, and responsive systems for GBV survivors and those at risk. Key conversations explored how to ensure support services are survivor-centered, culturally relevant, and equipped to address the complex realities faced by students including barriers such as fear of judgment, lack of confidentiality, and inadequate referral pathways.



Irish Aid
Rialtas na hÉireann
Government of Ireland

Trócaire



116
CHILD
HELPLINE



5600
GBV CRISIS
LINE



393
YOUTH
HELPLINE



6600
DRUG &
SUBSTANCE ABUSE
HOTLINE

TITHANDIZANE NATIONAL HELPLINE SERVICES



Free and confidential services

Email: drug@yoneco.org | help@tithandizanehelpline.org
gbv@yoneco.org | Visit www.tithandizanehelpline.org for more.

OTHER SERVICES

- ✓ Telephone Counselling.
- ✓ Face to Face counselling.
- ✓ Social Rehabilitation.
- ✓ Case Management.
- ✓ Safe Places for survivors of GBV and VAWC.

www.yoneco.org

YONECO Sensitizes Mulanje ADC Members on Social Protection



Stakeholders from various departments and organisations who took part in the joint Clean-up and sanitation exercise.

On 3 April 2026, YONECO participated in a joint clean-up and sanitation exercise that was led by the District Council in Nsanje, following a recent cholera outbreak in the locality.

The activity aimed to strengthen sanitation practices and contribute to efforts to end the cholera outbreak in the district and related sanitation issues.

The clean-up exercise, which started from Nsanje Main Market to Mtowe Bus Stop, brought together community members, traditional leaders, officials from various government departments and Civil Society Organizations (CSOs).

Among the key activities, exercised involved sweeping roads, clearing drainage systems, and collecting waste for proper disposal using dustbins and a council disposal van.

The event concluded with a mass awareness session to promote proper waste management and hygiene practices as key measures for cholera prevention.

Food vendors, shop owners, and sugarcane sellers were mobilized and encouraged to maintain dustbins at their business premises to reduce littering.

YONECO Engages Girls with Empowerment Session in Nsanje



Field Officer for YONECO in Nsanje posing for a photo with the girls after the empowerment session.

On April 21, YONECO conducted a girl empowerment session with Standard 8 girls at Kapalakonje Primary School in Nsanje district.

The session focused on helping girls recognise their value, abilities, and potential. In our community, girls face barriers such as limited access to education, early marriage, gender-based violence, and unequal opportunities. These challenges often stem from deeply rooted social norms and a lack of awareness about their rights. Empowerment initiatives aim to break these barriers by encouraging self-confidence, leadership, and informed decision-making.

During the session, the participants were introduced to their fundamental rights, such as the right to education, the right to health, the right to safety, and the right to be heard. Understanding these rights helps girls realise that discrimination and abuse are unacceptable and that they have the power to seek support and justice.

Tifhandizane National Helpline Services

- Youth Helpline**
CALL 393 For FREE
- Drug & Substance Abuse Helpline**
CALL 6600 For FREE
- Child Helpline**
CALL 116 For FREE
- GBV Crisis Line**
CALL 5600 For FREE

Other Services
Email: aug@yoneco.org, help@thandizanehelpline.org, give@yoneco.org, www@thandizanehelpline.org



Tithandizane National Helpline Services

Child Helpline
116

GBV Crisis Line
5600

Youth Helpline
393

Drug & Substance Abuse Hotline
6600



Free and confidential services

Email us

drug@yoneco.org

help@tithandizanehelpline.org

gbv@yoneco.org

Visit www.tithandizanehelpline.org

Our Services

- Telephone Counselling.
- Face to Face counselling.
- Social Rehabilitation.
- Case Management.
- Safe Places for survivors of GBV and VAWC.



Irish Aid
Rialtas na hÉireann
Government of Ireland

trócaire



UN WOMEN

Women's Peace & Humanitarian Fund
A United Nations & Civil Society Partnership



www.yoneco.org